

The Results are In...

Last years' research showed Salisbury University Students were at risk for Acetaminophen (Tylenol) poisoning. Did you know?

- Tylenol can kill — taking > 4 extra strength pills in one day is an overdose!
- Tylenol OD's can have the same symptoms as a HANGOVER!
- Mixing Tylenol with Alcohol increases liver damage more than alcohol alone & can be fatal!

“The Tylenol (Acetaminophen) Rules” for College Students:

1. Never take Tylenol 6 hours before or up to 24 hours after alcohol, or to ‘treat’ a hangover.
2. ALWAYS eat something prior to alcohol use or when taking acetaminophen.
3. Look on labels of ANY medicine you are about to take to see if it has acetaminophen in it. (OVER 200 over-the-counter drugs contain acetaminophen!)
4. Ask your doctor if acetaminophen is in any prescribed medicine OR interacts with your prescribed medicine.



For more information, contact: Student Health Services:
www.salisbury.edu/health/